An Approach to Medical Ophthalmoplegia

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Disclosures

None

Learning Objectives

Formation of a Systematic approach to Anatomical Localization based on clinical and radiological clues

Acquisition of the Skill of recognition of etiology, diagnosis and management of patients of Ophthalmoplegia

Key Message

- " Is there a lesion?
- Where is the lesion?
- What's the lesion?

Gordon Holmes (1905)

OPHTHALMOPLEGIA

Define symptoms- 'Diplopia' 'Pain' 'Ptosis' 'Proptosis'

Mono-ocular

Horizontal separation

False Image

Binocular

Vertical separation

True Image

Effect of Head Tilt

Effect of distance to target

Effect of gaze direction

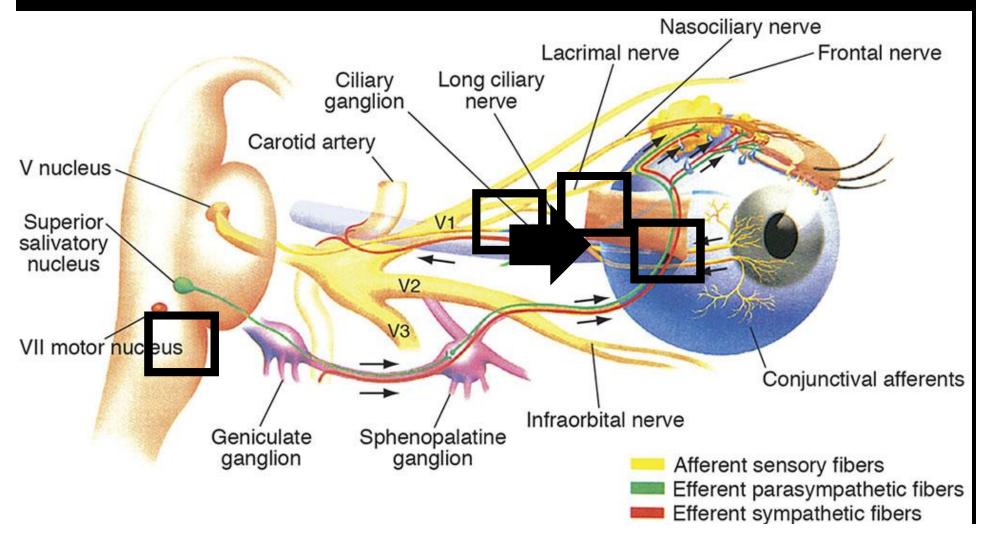
Fluctuations

WHY WE SEE THIS?

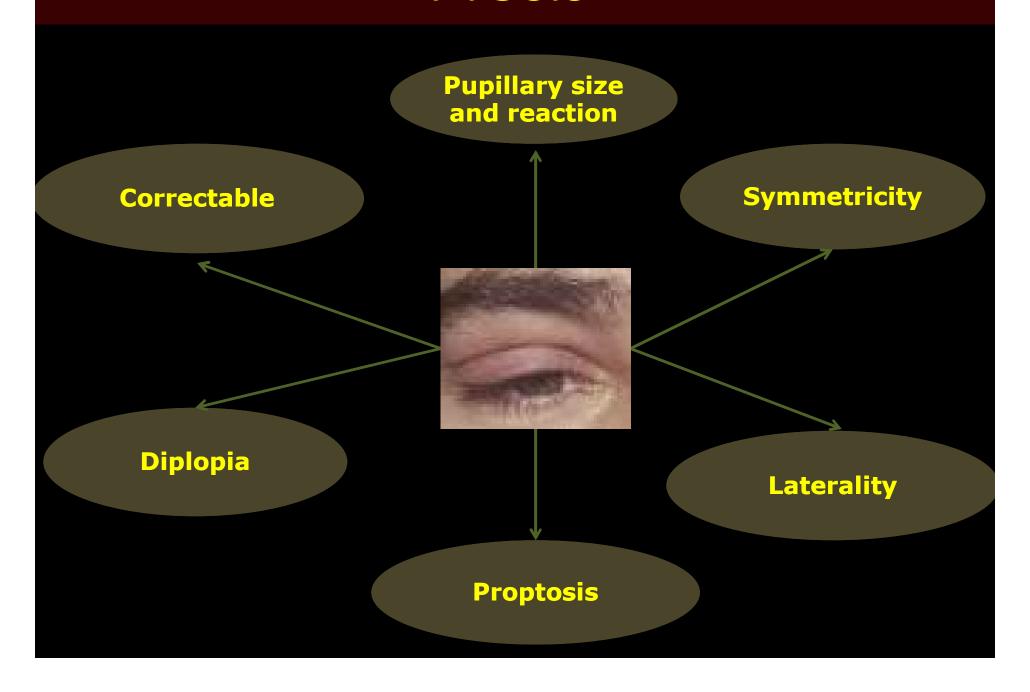




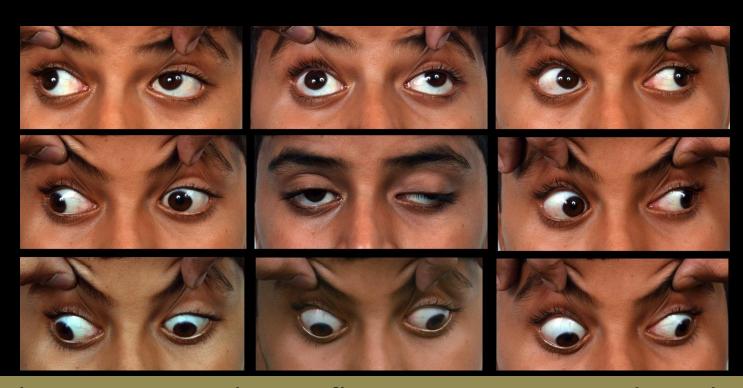




PTOSIS



Low grade fever 10 d Headache and Vomiting 10 d Diplopia 10 d



Bilateral, Asymmetrical, Non fluctuating ptosis with Diplopia

The Eye Opener: Finding and Targeting the NEURO-OPHTHALMOLOGY Midbrain Lesion



65 F

Sudden onset Severe Headache
Altered Sensorium 4 months back
Noted Right eye ptosis and diplopia when conscious







Unilateral, Complete, Non correctable, Pupil Involving



55 M

Ptosis and Diplopia 2 weeks duration

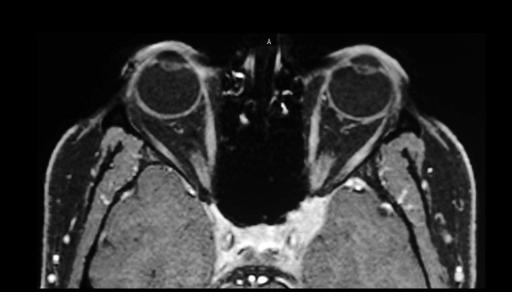


Unilateral, Non correctable ptosis, Pupil Sparing

Ptosis and Diplopia 2 weeks duration



Unilateral, Complete, Non correctable, Mild Proptosis



55 M DM x 5 yrs

Left hemi-cranial headache and Double vision 8 weeks

Drooping of left eyelid 7 weeks

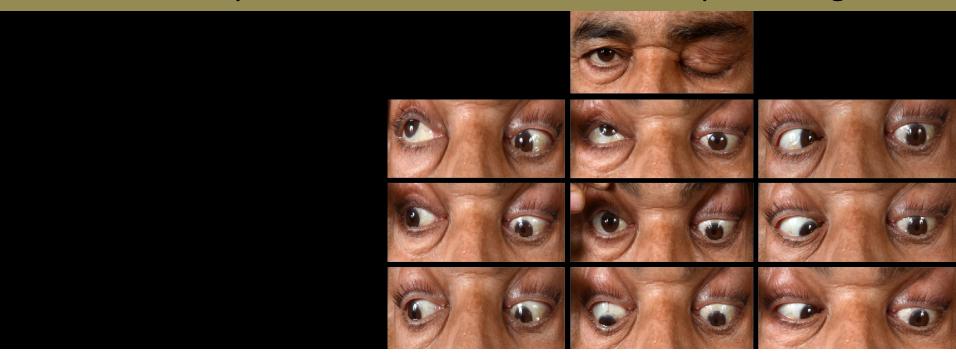
Improved partially with oral steroids 6 weeks back

O/E:

Left eye- complete ptosis and opthalmoplegia; Pupil spared

Left V1, V2 decreased sensation

Unilateral, Complete, Non correctable, Mild Proptosis, Trigeminal



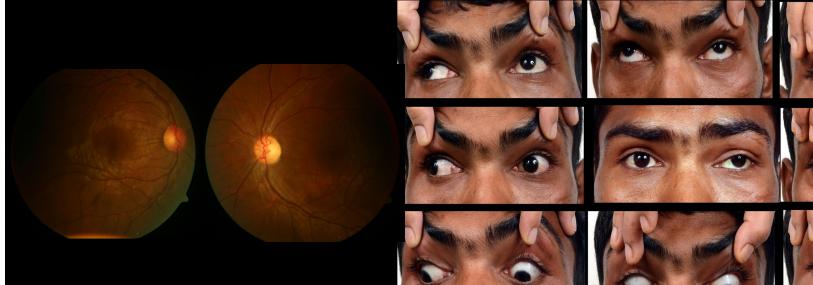
Left peri orbital and retro-orbital pain 2 d

1 m Ptosis LE

Visual loss LE 1 m

Double vision 2 d



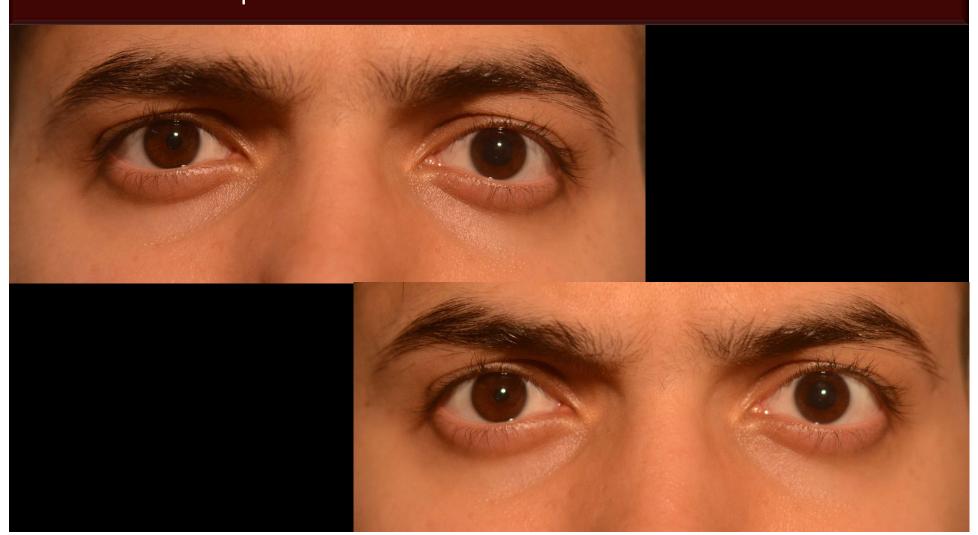




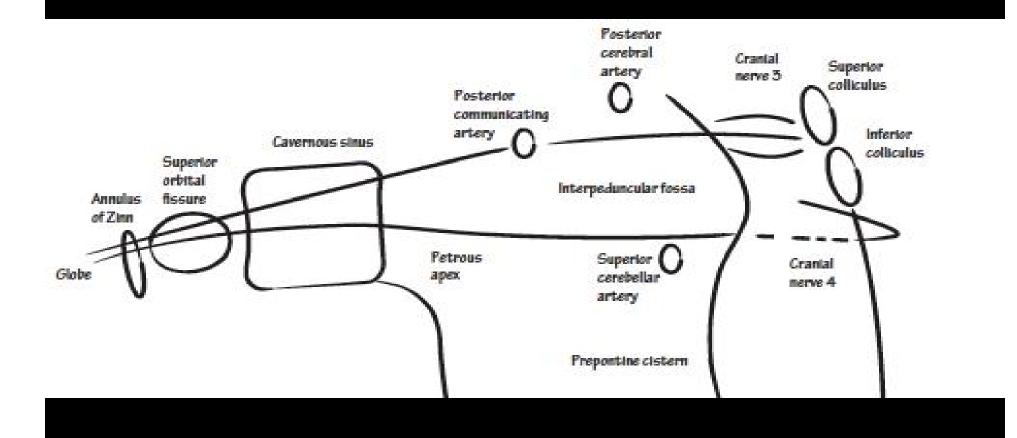
Unilateral, Complete, Non correctable, Mild Proptosis

Photophobia
Blurred Vision
Dilated Left Pupil

15 d



TROCHLEAR NERVE



DIPLOPIA- Vertical; Downgaze (Walking down the stairs)

Superior oblique

Intorsion

Abduction

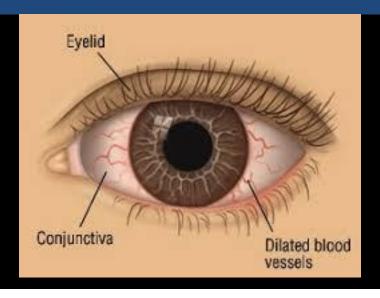
HYPERTROPIA

Limited depression on adduction

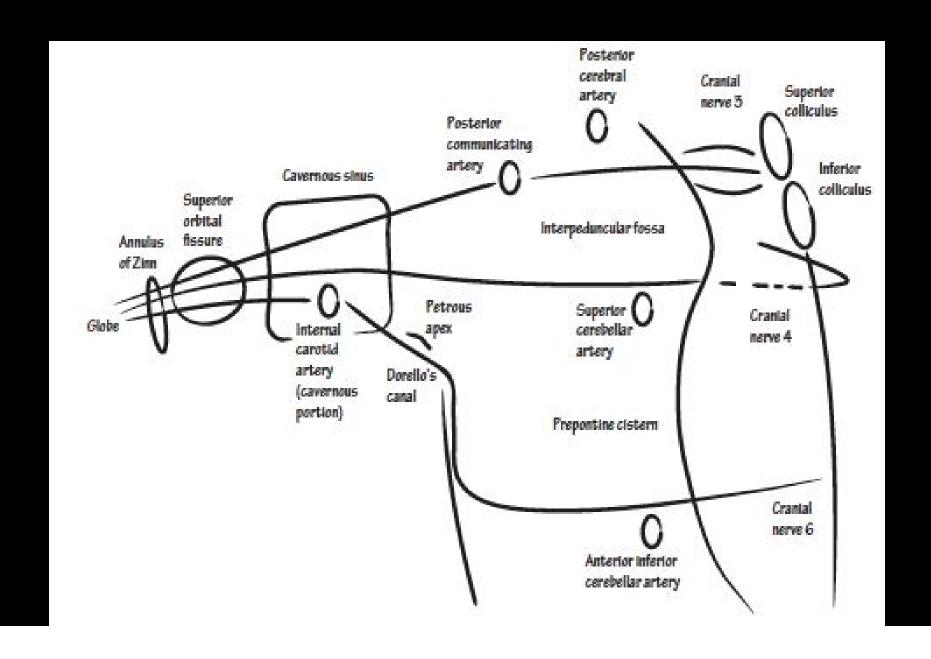
Head – Takes a posture in direction of SO

Turns to Opposite side

IN THE SETTING OF THIRD NERVE PALSY

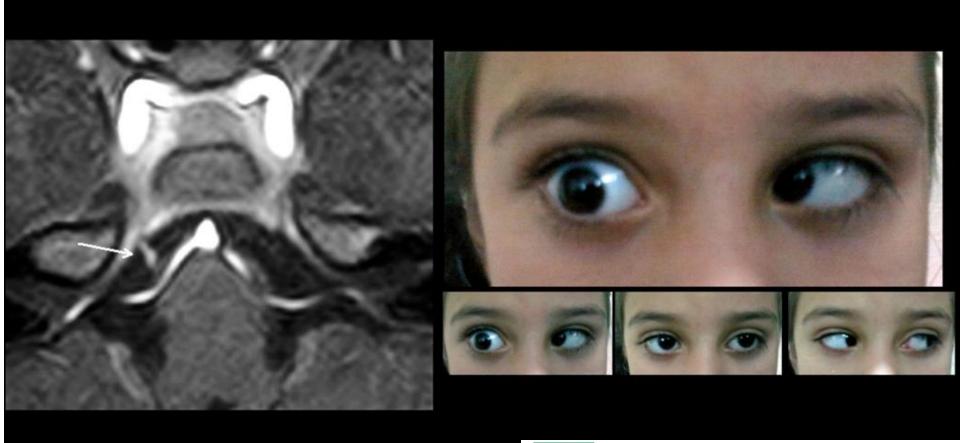


ABDUCENS NERVE



12 F

Recurrent episodes of Headache with double vision



COMMENTARY

Are some ophthalmoplegias migrainous in origin?

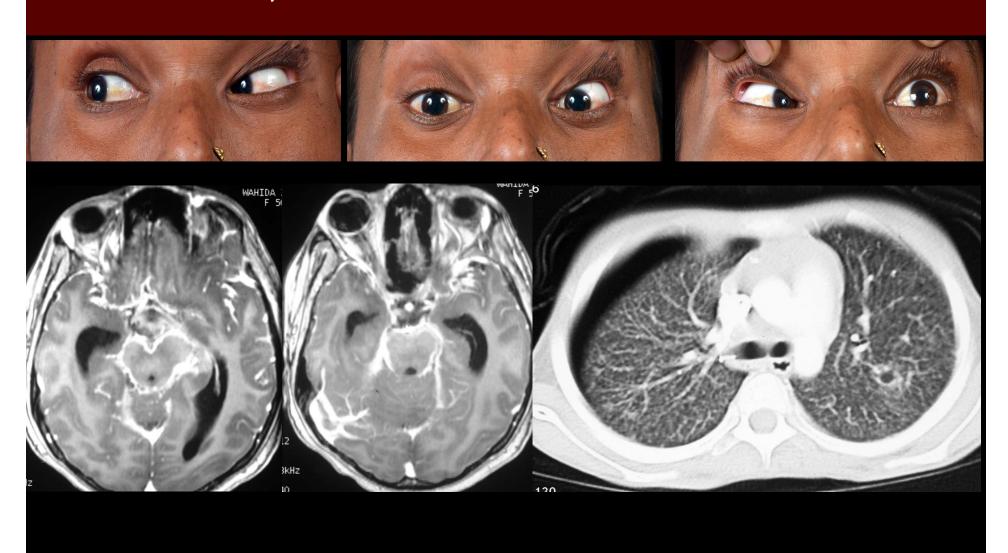
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Neurology: Clinical Practice June 2019 vol. 9 no. 3 1-7 doi:10.1212/CPJ.0000000000000653

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Fever, Headache, Vomiting, Diplopa 1 m Normal Visual acuity and fundus examination

20 F



Conclusion

Ophthalmoplegia: Clues and Diagnostic Pearls

"Anatomical localization is the 'Key'

Recognition of etiology: Detailed History and Clinical examination

Thank you

